

Debra Stelzer
Rainbow Reiki
Master Instructor

Debra Stelzer has been a certified Usui Reiki Master Teacher since March 2001.

Debra is trained by German Grandmaster Walter Lubeck and licensed by the Reiki-Do Institute as a Rainbow Reiki Master Instructor.

She teaches Rainbow Reiki Workshops for:

First Degree

Second Degree

Instructor Training* (for teaching 1st & 2nd degree)

Loving Relationships*

Professional Practitioner*

Master Instructor*

Essences & Elixirs*

Body of Light*

* Rainbow Reiki First & Second Degree are prerequisites for these workshops.

Debra was one of the first Rainbow Reiki Master Instructors in the USA and will teach in your area upon request.

- Certified in the Raindrop Technique and Aromatherapy
- Distributor of Young Living Essential Oils & products
- A member of the Associated Bodywork & Massage Professionals
- Sole proprietor of *Hands of Light Healing*, 4777 8th St. S. Wisconsin Rapids, WI 54494
www.handsoflighthealing.com

Call **715-421-0059** to schedule a Rainbow Reiki or Raindrop Technique session.

Rainbow Reiki Workshop Fees

March 12-14, 2010 – First Degree

Friday	6:30 – 9:30 p.m.
Saturday	9 a.m. – 5 p.m.
Sunday	9 a.m. – 5 p.m.

Cost - \$300 includes a manual & certificate. Price does not include lunch. You may bring a lunch or purchase one at the many surrounding restaurants.

Registration deadline March 4, 2010.

Bring:

- 108 bead mala (or you may purchase one in class)
- spiral notebook and pen

Second Degree – Not scheduled at this time

Starts Friday 6:30 p.m. – Sunday 5 p.m. (same as above)

Cost - \$300 includes a manual & certificate. Price does not include lunch.

Registration deadline

Bring:

- Rainbow Reiki First Degree Manual
- 108 bead mala (or you may purchase one in class)
- spiral notebook and pen

**USE THE REGISTRATION FORM
AVAILABLE ON THIS WEBSITE.
Number of students per class is limited.**

Please contact Debra Stelzer with any questions.

Hands of Light Healing
4777 Eighth St. S.

Wisconsin Rapids, WI 54494

715-421-0059

Email: handsoflighthealing@yahoo.com



FIRST AND SECOND DEGREE WORKSHOPS

Presented by:
Debra Stelzer
at
Hands of Light Healing
4777 8th St. S.
Wisconsin Rapids, WI

March 12-14, 2010
First Degree

Second Degree
Not scheduled at this time



RAINBOW REIKI

Rainbow Reiki is a spiritual way developed in the 1980's by Walter Lubeck on the fundament of Traditional Usui Reiki, in-depth research on the roots of Reiki, Shamanism, Feng Shui, Meditation, state-of-the-art communication methods and spiritual psychology/psychotherapy. Rainbow Reiki is traditional Usui Lineage Reiki combined with additional Rainbow Reiki symbols and mantras plus more knowledge and techniques.

Unique Rainbow Reiki techniques help to expand the possibilities of healing and personal development far beyond the limits set up by the western mind.

The central patron deity of the Reiki system, Dainichi Nyorei, can be contacted with some Rainbow Reiki techniques to enhance personal development, healing, and to create spiritual wisdom.

Because the relationship between healer and client is very important for successful harmonization of any problems, the latest communication techniques like NLP, Voice Dialogue and alike have been transformed to special and very effective Rainbow Reiki tools.

Rainbow Reiki Feng Shui helps to create a wonderful, healthy atmosphere in gardens, apartments, houses and business buildings which supports success, constructive communication and general well being.

RAINBOW REIKI FIRST DEGREE

This workshop includes the traditional 1st degree of Usui Reiki with the four initiations and all techniques and knowledge applicable to the Usui 1st degree. Additionally special unique Rainbow Reiki techniques and teachings are given. This workshop is for people who have never taken Reiki and those with years of experience. It is the gateway into the profound and comprehensive Rainbow Reiki System.

The Usui part of this workshop is based on Walter's research since the early 1990's about Dr. Usui's and

Dr. Hayashi's life and work. Travels to Japan, Hong Kong, India, and Bali gave him unique insights into the real Traditional Japanese Reiki and the true roots of the Usui system of Healing with Spiritual Life Energy.

Workshop Includes: 4 traditional Usui initiations – the real and well researched roots of Reiki – the Reiki principles of Dr. Mikao Usui, their spiritual meaning and practical use in daily life and healing energy work – the Rainbow Reiki systematic whole body treatment in theory and practice – Systematic Chakra Healing – Intuitive Reiki – Stress release – Special positions for: allergies, diabetes, digestion, headache, immune system, migraine, illnesses of the bones, & balancing of the two hemispheres of the brain & many more – general and special chakra balancing – the Rainbow Reiki de-blocking symbol and its mantra – Reiki Meditation – Short Whole Body Reiki Treatment – the homeopathic massage – how to cleanse the aura – how to remove blocks – the main and secondary chakras, their functions and ways to treat them – how to prepare Reiki water and Reiki oil – how to treat animals, plants, food, & water – Reiki for pregnant women and babies – how to cleanse and activate the healing powers of stones – initiation into the Medicine Healing Buddha Mantra – learn how to use a mala. Workshop includes a certificate and manual. **Please Bring:** 108 bead mala (or you may purchase one in class, \$10 - \$20), spiral notebook, and pen.

RAINBOW REIKI SECOND DEGREE

This workshop is for people who have taken Rainbow Reiki First Degree. Rainbow Reiki attunements intensify the depth of your healing abilities in a way that is not easily described. Rainbow Reiki has been defined as traditional Reiki energy at a deep spiritual level. Students taking this workshop have felt a deepening personal spiritual connection, increased healing ability, and received knowledge of new techniques that will deepen all levels of healing.

Workshop Includes: Initiation into the three traditional 2nd degree symbols and their mantras plus initiation into four Rainbow Reiki symbols and their

mantras (third eye activation, to strengthen the 3rd chakra, to harmonize blocks, to transmit healing energies & information from external sources) – Initiation into the Medicine Healing Buddha symbol – the spiritual and practical meaning of the symbols – Distant healing with Reiki for yourself, others, & groups – Mental healing – explanation of the inner child, middle self and higher self – Rainbow Reiki Feng Shui Techniques (Rainbow Reiki showers & energetical room cleansing) – Rainbow Reiki karma clearing – working together with the Inner Child and Higher Self for healing and personal development – how to contact angels, power animals, and other spiritual beings with the means of Rainbow Reiki – distant Reiki treatments to the past and future – programming crystals with Rainbow Reiki – enhancing the results of your direct Reiki treatments with the help of the four Rainbow Reiki symbols of 2nd degree – aura massage with the help of the Inner Child – the distant treatment of groups – spiritual harmonization of groups (family, relationships, workgroup, school class) and practice using the symbols in Reiki treatments. Workshop includes a certificate and manual. **Please bring:** Rainbow Reiki First Degree Manual, mala, spiral notebook, and pen.

Please note: Even if you are already a Master of Usui or Karuna Reiki, you will learn many new techniques in Rainbow Reiki Training to assist you in your healing work. It is required that you begin with Rainbow Reiki First Degree so all techniques are learned.

THERE ARE NO PREREQUISITES FOR RAINBOW REIKI FIRST DEGREE. FIRST DEGREE IS THE PREREQUISITE FOR RAINBOW REIKI SECOND DEGREE.